PSA

<u>Aug. 13 - Aug. 25</u>

The American Red Cross continues to face a critical blood shortage and is issuing an emergency call for eligible blood and platelet donors of all types to give NOW and help save lives. Blood donations are being distributed to hospitals faster than donations are coming in. Commit to give and make a difference. Use the Blood Donor App, visit RedCrossBlood.org or call 1-800-RED-CROSS to make an appointment. Remember, NOW THROUGH Aug. 29th, those who donate will receive a \$5 AMAZON.COM GIFT CARD (via Email).

Upcoming blood donation opportunities:

Visit www.redcrossblood.org (where you can download the FREE Red Cross Blood Donor App) or call 1-800-RED-CROSS to make your appointment:

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Fri.	8/16	9:00-3:00	Pine Grove Zoo in Little Falls
Fri.	8/16	12:00-6:00	St. Mathias Catholic Church in Fort Ripley
Fri.	8/16	12:00-6:00	Fellowship Bible Church of Pierz
Fri.	8/16	12:00-6:00	Shoe Sensation in Baxter
Tues.	8/20	10:00-4:00	American Legion in Brainerd
Mon.	8/26	1:00-7:00	St. Francis Center in Little Falls
Tues.	8/27	12:00-6:00	St. Francis Center in Little Falls
Wed.	8/28	12:00-6:00	Good Samaritan Soc. Bethany in Brainerd
Thurs.	8/29	10:00-4:00	Arrowwood Lodge at Brainerd Lakes

Cass County Public Health is hosting some upcoming walk-in **Immunization Clinics** for children who are on MA/MnCare or who are un- or under-insured. Select immunizations are available for adults who are un- or under-insured:

Wed.		9:30-11:30	Pine River-Backus Family Center in P.R.
Fri		10:00-12:00	Northland Area Family Center in Remer
Tues	8/20	10-12 & 1-2:30	Pillager Family Resource Center / Pillager
Tues	8/27	9:00 - 11:00	Cass Co. Health, Human & Vet. Serv

For more information, call 218-547-1340 ext. 246

Crow Wing County and **Lakes Area Law Enforcement** have come together to introduce **The Vitals App**. Vitals is the new app that helps protect people with visible and invisible conditions and disabilities by voluntarily communicating critical information to law enforcement and first responders. Each Vitals individual is assigned a Vitals beacon that transmits a private and secure signal to authorized first responders that are within 80 feet, allowing them temporary access to critical information that can help the individual and law enforcement de-escalate what could become a dangerous or emergency situation. To learn more, or to register for the service, visit TheVitalsApp.com or text VITALS to 797979.

In an effort to provide a safe environment to share stories, provide support and education to those who have lost a loved one to suicide, a **Survivors of Suicide Loss Support Group** invites you to its bi-weekly **Monday** meetings on the first and third Monday of each month. The group meets from 7:00-8:30 at Lutheran Church of the Cross on County Road 13 in Nisswa. This is a group for adults only. With questions, contact Jeri Borgwarth at jeriborg@hotmail.com

The **Crossing Arts Alliance** in downtown Brainerd offers fun **events for KIDS** every **second Saturday** of the month from 10:00 to 11:30... AND from 12:00-1:30. A \$3 per child (or \$5 per family) donation for materials is requested (but no child will be turned away for inability to pay). Pre-registration IS REQUIRED for the classes.

Sat. Sept. 14 Mosaics

For more information and to register (required), visit CrossingArts.org.

Brainerd Lakes Area residents are encouraged to **turn in your empty toner and ink jet cartridges** at either of **The Office Shop** locations (Brainerd or Aitkin) for recycling. By doing so, you will be helping the **Zachary Johnson Kids with Cancer Fund.** The fund offers grants to surrounding area families with a dependent child (age 21 or under) who has any form of cancer. It can be used for anything that the patient or caregiver wishes. If you are interested in applying for a grant, contact Riverwood Foundation or stop at either Office Shop location. Or to donate, visit RiverwoodHealthCare.org/foundation/giving or call 218-927-5158.

Having cancer is often one of the most stressful experiences in a person's life. But support groups help many people cope with the emotional aspects of cancer by providing a safe place to share and work through feelings and challenges. **Any female with a cancer** diagnosis is invited to this **supportive and caring group** facilitated by professionals and meets the second Friday of the month from 11:30 a.m.-1:00 p.m. at Essentia Health-St. Joseph's Medical Center. Speakers will also be asked to attend and discuss various topics throughout the year. For more information about the Women's Cancer Support Group please call 218-828-7685.

Ruby's Pantry is a non-profit food ministry serving rural communities. There are no income qualifications to participate in Ruby's Pantry – Ruby's Pantry is for everyone who eats and would like to save on their grocery budget. For a \$20 cash donation you will receive a "share" with up to \$120 or more worth of groceries. There are no limits of how many shares that can be purchased at this time. Ruby's Pantry food distribution for the Brainerd Area is at the Journey North Church the **2nd Tuesday of the month**. Food distribution begins at 11:00 a.m. and ends at 12:30 p.m. Ruby's Pantry has no government funding. It is primarily funded by the contributions of our guests. Participants should bring containers to put their food in. Contact The Journey North Community Church at 218-824-5617 about volunteer opportunities at Ruby's!

The **City of Brainerd** will use **Crow Wing County Alert** powered by EverBridge to make sure you know about issues that may affect your safety. This system allows the City of Brainerd to contact thousands of residents in seconds, so you can find out about an emergency right away. Receive important messages from the City of Brainerd via email, phone, and much more! Get up-to-the-minute information about severe weather, road closures, snow emergencies, event cancellations, and much more! To register for the Crow Wing County Alert, visit ci.Brainerd.mn.us.

Would you like to make a difference in the life of a child? **Lutheran Social Service of Minnesota** is seeking **individuals and couples who can serve as foster parents** to children, especially older children and sibling groups. Ideal foster parents have compassion for kids and are open to caring for children from different backgrounds. Professional training and ongoing support is provided. If you can open your home and your heart to a child and would like to learn more, visit FosterCareMN.org.

The **Brainerd Lakes Area Farmers Market** will be up and running every <u>Tuesday</u> at the <u>Franklin Art Center</u> parking lot And every <u>Friday at the Vikingland Harley</u> <u>Davidson</u> parking lot in Baxter through the fall from 8:00-12:30. Find locally grown fruits, veggies, plants, meats, baked goods, and more!

The **Downtown Brainerd Farmer's Market** will be up and running every <u>Tuesday</u> afternoon from 3:00-6:00 in the parking lot on Laurel Street next to Sage on Laurel. Eleven vendors will be there featuring a large variety of locally grown and made products, including oils, baked goods, flowers, jams, wild rice, meats, veggies, fruit and more. Music will also be featured from time to time.

The **Nisswa Area Farmer's Market** is open every <u>Thursday</u> from 8:00-12:30 in the Nisswa American Legion parking lot. Fruits, meat, veggies, baked goods, crafts... it's all there!

The **Cuyuna Range Farmers Market** offers everything from fresh, sustainable produce, baked goods and organic meats, to crafts and home-made items. It's open every <u>Saturday</u> (through Oct. 12) from 9:00-12:00 on Main Street in Crosby at Cross Avenue.

The **Ideal Green Market Cooperative Farmers Market** will be held every Saturday in Ideal Corners next to the Old Milwaukee Club. The market will be open from 9:00-1:00 and will sell produce, meats, soaps, oils and more. The market will be open each Saturday until mid-October, weather permitting.

The **Downtown Aitkin Farmers Market** will open every <u>Saturday</u> through Labor Day from 9:00-1:00 at the historic Butler Building. Fresh Minnesota grown and raised food, fruits, vegetables, plants, herbs and spices, honey, maple syrup, free range chickens, eggs and more! For more info, visit TheButlerBuilding.org.

Children ages 2 to 8 and their parents/guardians are invited to the **Brainerd Public Library** every <u>Tuesday</u> for **Family Story Time**. From 10:00-11:00 enjoy a story, songs and crafts all based around a different theme each week. The story time is free and all are welcome.

The Nisswa Chamber invites everyone to the **Nisswa Turtle Races** every <u>Wednesday</u> at 2:00 in Nisswa! Registration to race starts at 1:00 and for \$5, you can register to race a turtle. Turtles are provided (do not bring your own). While there, enjoy water wars and other fun, too! For more info, visit Nisswa.com.

The Longville Chamber invites the public to the *Turtle Races in Longville* every <u>Wednesday</u> now through August 21st in downtown Longville. Registration starts at 1:00. The cost to race a turtle is \$3. There are contests and games for kids then the racing starts at 2:00. For more information, visit Longville.com and click on Events.

The **Pine River Duck Races** are up and running for the summer each <u>Friday</u> at the Dam in Pine River. Registration starts at 1:30...racing starts at 2:00. For \$1 per duck, you can race the ducks down the river in hopes of winning prizes. In return for that \$1, you are entered in the race and receive a "Duck Buck" back with discounts and premiums from Pine River merchants. Entrants may race as many ducks as they desire during the afternoon. For more, visit PineRiverMN.com.

Would you like to be trained to be a **Census Taker** for the **2020 U.S. Census**? 2020 Census Jobs provide great pay, flexible hours, weekly pay and paid training. To apply, visit 2020CensusJobs.gov/jobs. For more information or help applying, call 1-855-JOB-2020.

According to the DEA, most **prescription drug** abuse starts with drugs people obtain from family or friends - often taken right from the medicine cabinet at home. Medication theft, misuse and abuse have been on the rise in our country and communities – with devastating effects. Keep your old or unused prescription or over the counter medications away from potential misuse, "**Take it to the box!**" Dispose of your old and unused medicines for free at the Cass Lake or Pine River Law Enforcement Centers, Thrifty White Pharmacy in Brainerd, Lake Shore Law Enforcement Center, and PHS Indian Hospital in Cass Lake or any Essentia Health Pharmacy. Many police stations in the area are also a good place to dispose of old and unused meds as well.

Looking for fun in **Brainerd** this summer? Check out the city's **Park & Recreation's Summer Activities Guide** for more information on all of the exciting summer activities. Whether it's baseball, a run/walk, fishing or a forest camp, Brainerd has it all! Visit CI.Brainerd.MN.US and search Summer Activity Guide.

The **Crossing Arts Alliance**, a 501c3 nonprofit located in downtown Brainerd is **seeking artists** to make artwork for their upcoming 8x8 Art Auction and Gala fundraiser. Artists are invited to stop in Crossing Arts at 711 Laurel Street to pick up a canvas and create a piece in their signature style to be included in the silent auction fundraiser. All mediums are welcome, but finished work must be 8" x 8". Completed work must be returned to Crossing Arts by August 31. Participating artists will receive a reduced entry fee to the gala in exchange for their art donation. The 8x8 Art Auction Gala will be held Friday September 6th from 5:00 to 7:00pm. Heavy hors d'ouevres and wine will be served. The cost is \$20 at the door, or \$10 for participating artists. All funds raised will go towards expanding and enhancing the arts programming offered by The Crossing Arts Alliance. Visit crossingarts.org or call 218-833-0416 for more details.

Join the American Foundation for Suicide Prevention on Sat. Oct. 12th at Grandview Lodge in Nisswa for the "Out of the Darkness Walk." Those who participate will be walking to fight suicide and raise awareness about mental health. Proceeds will benefit the American Foundation for Suicide Prevention. Register today at AFSP.org/Nisswa.

The Crossing Arts Alliance presents **Carnival of Curiosities** from Fri. Aug. 9 – Sat. Aug. 31st with the opening reception on Fri. Aug. 9 from 5:00-7:00. Free will donations will be accepted as carnival refreshments are served. Enjoy some Freak Show Performances – The Hobo Band, Jugglers, and Belly Dancers.

The greatest gift a dad can give his kids isn't something he can buy. It's something priceless. Time. Studies show that kids with involved fathers are less likely to abuse drugs, commit crimes, get pregnant, get depressed or fail academically. All it takes is time... A public service message from the **Fatherhood Educational Institute**. Call (312) 795-9060. That's (312) 795-9060.

The **Brainerd American Legion Post 255** and the **Nisswa Legion Post 627** would like to share with everyone that the Legion Act has passed, and it extends the American Legion membership to honorably discharged veterans since WWII. Previously, only veterans who served during periods of declared hostilities were able to join. "Let Everyone get Involved in Opportunities for National Service" Act was signed into law on July 30th. 2019. For more information about becoming a member of local American Legion, please contact 6th District President Paul Edwards at 218-820-6086.

The Brainerd Lakes Area Women of Today encourage you to **Flock Your Friends** and help raise money for HART Animal Shelter & Ruff Start Rescue. Pay to have anywhere from 10 to 50 pink, plastic flamingos put in your friend's yard (or foe, or family, etc) and for \$1/bird, the BLAWofT will deliver the birds to that location, where they will remain for 2 to 3 days. Don't want to be flocked? There is flocking insurance to guarantee you won't be flocked. The flocking will continue through the month of September, and the birds will migrate south Oct. 1st. To order your flocking, visit BrainerdLakesAreaWomenOfToday.com.

The **2019 Brainerd Lakes Area Walk to End Alzheimer's** is coming up on **Sat. Sept. 28**th at Forestview Middle School in Baxter. If you would like to form a team, or walk as an individual, visit **www.ALZ.org/Walk** and register yourself or your team. Then, start asking your friends, family and neighbors for donations as we work together toward finding a cure for Alzheimer's and its related dementias. If you are not able to walk, please find a team and make a donation. (If you are in need of services from the Alzheimer's Association, visit ALZ.org)

8/12 - 8/18

Join the Brainerd Lakes Chamber for another **Business After Hours** on **Tues. Aug. 13** at **Encompassing Beauty in Crosslake**. Business After Hours runs from 4:30 to 6:00 and guests are encouraged to bring their business cards, be ready to network, have fun, learn more about this chamber business and maybe win a prize! As a courtesy to the host, RSVPs are appreciated. Visit the chamber's website or call 829-2838 to register.

The **Crossing Arts Alliance** will be hosting **Bonnie Cutts**, a Certified Working Artist with Golden Paint for a lecture and demo on **Wed. Aug. 14** from 6:00 to 8:00pm. Throughout this two-hour presentation, attendees will learn about a variety of GOLDEN acrylics and the inherent possibilities of acrylic materials. Open to all levels of painting experience. Information packets and free samples provided for all attending. This will be a lecture and demo, not a participatory event. This event is free. Pre-registration is required. Contact The Crossing Arts Alliance at 218-833-0416 or enroll at CrossingArts.org.

The Brainerd Ski Loons will present their final **FREE water ski show** of the season at Lum Park on **Wed. Aug. 14**th at 6:30. Grab a blanket or lawn chair and come watch human ski pyramids, ski jumpers, barefoot skiing, and skiers being pulled 360 degrees around the boat. The event is fun for the whole family. Concessions will be available. Free will donations would be appreciated. For more information, visit SkiLoons.com.

Join the City of Nisswa's Parks & Rec Department as they present "Outdoor Movie Night in the Park". Enjoy an evening with the family for this FREE event! On Wed. Aug. 14th, enjoy "The Incredibles 2." You are invited to bring blankets, lawn chairs, picnic baskets, coolers (no alcohol or glass bottles). Shows will begin at sundown (approximately 9pm). Event is FREE to the public – all ages welcome! For more info, call 218-963-0047.

The **Road To Recovered Benefit for Josh Duda** will be held on **Thurs. Aug. 15**th at the Northland Arboretum in Brainerd from 5:00-8:00pm. Josh was involved in a medical helicopter crash on June 28th and suffered a number of injuries, including numerous broken bones. Neither he nor his wife have been able to work and they will need help with medical bills. Tickets are \$10 for adults... \$5 for those 12 and under. The event includes a pulled pork sandwich meal. Tickets can be purchased online at EventBrite.com/RoadToRecovered, at either Brainerd or Baxter Cub Foods or at the Northland Arboretum. Direct donations can be sent directly to Bremer Bank in Baxter. The online auction can be accessed now through 8:00 Thursday night. 32Auctions.com.

Essentia Health-St. Joseph's Medical Center is offering an educational and supportive presentation of **Families In Grief** on **Thurs., Aug. 15** from 4:00-6:00 pm. Topics will include: Shared grief and its impact on families, Physical and emotional responses to grief, and Surviving first years of grief. Families In Grief is for those who have had a relative, friend, or significant person die. There is no charge to attend. It will take place in a meeting room located in the lower level of the Hospital, 523 North 3rd Street in Brainerd. For more information about this session or our Grief Support please call 218.828.7442/218.828-7531.

The public is invited to an **Ice Cream & Pie Social** at the **Riverside Union Church** on **Thurs. Aug. 15**th from 5:00-8:00pm. The church is 8.5 miles south of the Crow Wing County Fairgrounds on County Road 45.

Our Savior's Lutheran Church in Pequot Lakes will be holding a **Rummage Sale** on **Thurs. Aug 15th** (8:00-5:00)...and **Fri. Aug. 16th** (8:00-12:00) at the church on Front Street. The free will proceeds from the sale will go toward the church's missions.

Don't miss out on the fun during **Heritage Days Thurs. Aug. 16-Sun. Aug. 18th** on the **Cuyuna Range**! The weekend includes a medallion hunt, heritage walks, Night To Unite in Crosby and fun at Memorial Park on Serpent Lake. On Sat., enjoy morning Yoga on the beach, a car show, an arts & crafts fair, concessions, contests, an artisan fair, silent auction, raffles and fun for the whole family. For more info, call Lori at 218-546-5029.

IT's time for the fastest show on earth, **The 38th Annual Lucas Oil NHRA Nationals** are coming to Brainerd International Raceway **Thurs. Aug 15 – Sun. Aug. 18th**. For tickets, visit BrainerdRaceway.com.

The **Lakes Area Music Festival** will present rollicking operetta, Bethoven's "Pastorale" along with free yoga on **Sat. Aug. 17**th at 7:30pm and on Sun. Aug. 18th at 2:00 at Tornstrom Auditorium in Brainerd. There will be a pre-concert interview led by Steve Staruch of Minnesota Public Radio 30 minutes prior to each show. LakesAreaMusic.org

The **Lakers Lions Annual Corn Feed** fundraiser will be held at The Pickled Loon Saloon of Emily on **Sat. Aug. 17**th starting at 11:00. There will be music, food booths, raffles, vendors and games with a Grand Raffle to be held at 4:00. Hot dogs, brats, pork on a stick will be sold during the event, but the Corn is FREE. Proceeds from the event will, in part, go to providing scholarships to local youth.

Brainerd American Legion Post 255 would like to invite all veterans and bikers to join in on the Gold Star Mothers & Families motorcycle ride on **Sat. Aug. 17**th. This ride is to raise funds for the Gold Star families and to join in an ice cream social with the families. Riders will meet at the Canteen bar at 3pm on the 17th, and we will parade down Infantry Road. The cost is \$10 per rider and please have your ID to gain access to the Camp. For more information, please contact Jim Parent at 320-630-4962.

Grab a lawn chair and join the **The Crosslake Ideal Lions** for **Music in the Park** every Saturday evening at 6:00 at Crosslake Town Square. The next show, on **Sat. Aug. 17**th, will feature the rock music of the band Street Talk. The shows are free/open to the public.

The **City of Pequot Lakes** invites everyone to **Bands in the Park** every Saturday evening from 7:00-9:00 through the summer! The concert on **Sat. Aug. 17**th will be performed by Norman's Bait & Tackle Choir. Bring your family, friends and a lawn chair to Trailside Park in Pequot Lakes for this free show!

More than 500 mountain bikers their friends and families will come to Crosby the weekend of Aug. 17-18 for the **Fifth Annual Cuyuna Crusher Race** sponsored by the Cuyuna Lakes Chamber and the Minnesota Mountain Bike Series. On Saturday, August 17, all are welcome to celebrate at the Cuyuna Crusher Happy Hour, located on Cross Avenue in front of the Spalding House from 5 to 8 p.m. There will be live music by lolah, and food provided throughout the evening. The Minnesota Series Race takes place in the Mahnomen Unit of the Cuyuna Country State Recreation Area on Sunday, Aug. 18. Registration begins at 8 a.mFor more information on the race, including times, lengths, maps and pre-registration visit www.MNMTBSeries.com.

8/19 - 8/25

As part of the **CRMC Brainerd Lakes Tour Showcase at Cragun's**, Chase & Ovation present **A Salute To The Music of Prince LIVE**! on **Mon. Aug. 19th** at 8:00. Doors will open at 7:00. General Admission is \$25...VIP is \$75. Tickets are available at Hubbard Radio, Cragun's Legacy Pro Shop or online at BrainerdLakesTourShowcase.com.

Calling all golfers! The **deadline** to register for the **12**th **annual Mike Wilder Memorial Golf Tournament** is **Tues. Aug. 20**th as the event itself will take place on <u>Fri. Aug. 23</u>rd at Crosswoods Golf Course in Crosslake. The 4-person, 18-hole scramble will start on the 23rd at 2:00 and the entry fee is just \$65 dollars (\$55 for vets) and includes the cart, dinner, contests, prizes and fun! To enter, visit the Crosswoods Golf Course Pro Shop or call 218-692-4653. The funds raised at the tournament will benefit Project New Hope, the Lions Eye Bank, Leader Dog Program and the Lion's Diabetes Program.

Janet Beihoffer will speak in Staples on **Tues., Aug. 20**, at the Timbers Event Center in Staples. Her topic is the **Role of Religion in our Nation's Founding**. The event is sponsored by Crossroads Conservatives. Dinner orders will be taken at 5:00 p.m. and the program is expected to begin at 6:30 p.m. Reservations must be made by calling Diane at 218-296-1348 or by sending an email to DCarlson1899@charter.net. The 11th Annual Hog Roast to raise money for the Crow Wing County DWI Court will be held on Wed. Aug. 21st on the east lawn of the CW County Judicial Center in Brainerd. Food will be served from 11:00-2:00 and costs \$6.00. The meal includes a sandwich, beverage, chips and a side. Call in orders will be accepted at 831-8387.

Lakewood Health System's 26th Annual Foundation Golf Classic is scheduled for **Thurs. Aug. 22nd** at The Vintage in Staples. The four-person golf scramble offers participants a 12:30 tee time, with registration and lunch prior. Lunch will be provided, and participants will also be eligible to receive various prizes and awards. All proceeds from the tournament will go towards Lakewood's children's health and wellness programs. For more information on this event, call 218-894-8508 or email Foundation@LakewoodHealthSystem.com.

The **City of Nisswa** and the **Friends of Nisswa Lake Park** invite the public to a **Grand Opening gathering** to celebrate the development at the Nisswa Lake Park & Recreation Area. The free event will be held on **Thurs. Aug 22nd** from 4:00-7:00. Enjoy food, drinks, door prizes and a presentation at 5:30.

It's time for **Happy Hour for a Cause** with **the Iron Range Eatery at Cuyuna Brewing** in Crosby. The next one will be on Thurs. Aug. 22nd from 5:00-7:00. For a minimum \$15 donation, you can enjoy an evening of light appetizers, beer tasting and you'll learn about a local non-profit. This time, Saving Hearts For Suicide Prevention will benefit from your donations. 100% of the proceeds collected and kept by the charity.

Enjoy live music by JPACK and Martin Farrell and Jenna Rae while overlooking the spectacular views of Serpent lake at this "Back to School Night" themed Cuyuna Lakes Chamber's Music in the Park event on Thurs., Aug. 22. The free, family fun event will feature music, food, games, and more at Crosby's Memorial Park from 5 to 8 p.m.

The 2019 Lakes Bluegrass Festival will be held at the Cass County Fairgrounds in Pine River the weekend of **Thurs. Aug 22- Sun. Aug. 25th**. Enjoy a weekend filled with bluegrass music from numerous groups from the upper Midwest. It is the Upper Midwest's Premiere Bluegrass Festival – camping is available. A number of workshops will be held throughout the weekend as well. Get tickets and information at LakesBluegrassFestival.com.

The Community Mammoth Garage & Bake Sale Fundraiser will be held **Fri. – Sun. Aug. 23-25** at the Crow Wing County Fairgrounds, Industrial Building 5. The sale will run from 8:00-5:00 each day. (Drop off for donations will be 8/22 from 8:00-5:00) Suggested donations include toys, bikes, luggage, electronics, music, arts & crafts, clothing, kitchen and housewares, tools, books and more. With questions, call 828-1216.

Central Lakes College Ag & Energy Research Center will host a **Field Day** on **Fri. Aug. 23**rd from 9:00-2:30 at 26505 County Road 2 in Staples. Hands-on drone demonstrations, tractor rides/drives, an edible bean presentation, kids activities, lunch, tours and more are all part of the day. For more info, call 218-894-5123.

It's time for the **12th Annual Walk A Mile In Her Shoes** event, the International Men's March to end rape, sexual assault and gender violence, on **Sat. Aug. 24th** at Mills Ford in Baxter. Men are encouraged to find a pair of women's shoes and be ready to walk a mile down the frontage road to help raise awareness and funds for Sexual Assault Services of Brainerd. On site registration will start at 10:30, entertainment gets underway at 11;00 and the walk will start at12:30, followed by prizes, awards and fun! To register, visit WalkAMileBrainerdBaxter.com.

The **Sons of Norway** will present a **Viking Festival** in Nisswa on **Sat. Aug. 24**th at the Pioneer Village. The family event, entitled "Real Vikings No Horns" will include Viking reenactors, Viking crafts & weapons, Viking wares for purchase, food and non-alcoholic beverages. For more info, visit NisswaVikingFestival.com

The **Greater Lakes Performing Arts** (GLAPA) presents a new tribute/variety show, **"Feeling Alright!", a Tribute To The 50th Anniversary of Woodstock** featuring American Pie, Pat and Donna Surface will perform on **Sat. Aug. 24th** at the Pequot Lakes High School Auditorium at 7:00. Tickets are \$12 for students... \$15 for adults.... And you can get tickets at GLAPA.org. Then be ready to laugh, have fun and maybe win prizes!

Grab a lawn chair and join the **The Crosslake Ideal Lions** for **Music in the Park** every Saturday evening at 6:00 at Crosslake Town Square. The next show, on **Sat. Aug. 24th**, will feature the country music and variety show of Norman's Bait & Tackle Choir. The shows are free and open to the public

The **City of Pequot Lakes** invites everyone to **Bands in the Park** every Saturday evening from 7:00-9:00 through the summer! The concert on **Sat. Aug. 24th w**ill be performed by Paul Christian...with a variety of different genres of music. Bring your family, friends and a lawn chair to Trailside Park in Pequot Lakes for this free show!

Gather your family and friends for **Outdoor Movie Night** at the **Crosslake Army Corp of Engineers Campground** on **Fri. Aug. 24**th starting at 8:30pm. "Dumbo" will be shown and the movie is free to attend. There will also be complimentary water and kettle corn. Bring a chair or blanket and get ready for a great evening and a free movie!

The **Rotary Club of Central Lakes** will host a **S.T.R.I.V.E Golf Scramble** on **Sun. Aug. 25**th at Bobby's Legacy Course at Cragun's. Lunch will be served at 12:00 with a shotgun start at 1:15. The cost is \$125/person and includes 18 holes of golf, cart, use of the driving range, lunch and entry for prizes. Register online at Craguns.com. All the proceeds will go to S.T.R.I.V.E post-secondary Scholarship Fund for students who complete the 2019-20 S.T.R.I.V.E Program in Brainerd, Pequot Lakes and Pine River high schools.

The **Kiwanis Club of Baxter** is proud to continue and enhance the tradition of **The Lakes County Triathlon** on **Sun. Aug. 25**th starting at 8:30a.m. The race starts with a ¼ mile swim in Whipple Lake, then a 14-mile bike ride and ends with a 3.2 mile run. Proceeds raised from the event will be put back into the community to benefit youth in the lakes area and other Kiwanis charities. To register or for more info, visit LakesCountryTriathlon.com. (There's also a Kids Triathlon the day before, on Sat. Aug 24th.)

The public is invited to a **Trivia Contest** fundraiser for the **Bay Lake Environmental Fund**. The contest will be on Sun. Aug. 25th at Ruttger's Bay Lake Lodge with registration starting at 6:30. The contest starts at 7:00. The cost is \$150/table (up to 8) or \$20/person. Ticket includes an appetizer buffet. A cash bar will be available. All ages are welcome. Drop ins welcome, too. Prizes will be awarded. To register or for more info, please contact Peggy B at 218-851-1208.